

Week 33: April 28, 2023

ALL CMMS 6th, 7th & 8th graders will be taking NWEA/MAP on Monday and Tuesday of next week! Please make sure you get rested and ready for both days of testing. This is the final & most important standardized test of the year and ALL students who meet or exceed their expected growth goal from Fall to Spring testing will receive a sweet/food treat from Admin. Make sure you come in ready to do your best with your laptop charged!



**Students
MUST have
their charged
CHROMEBOOK
in school with
them every
day &
especially on
testing days.**

NWEA/MAP Spring Testing

- **Monday, May 1, 2023**
- **Tuesday, May 2, 2023**

Bring your charger to school if your computer does not stay charged throughout the day!



Who: All 6th Graders at CMMS.

What: An Ice Cream Party!

Where: CMMS

When: The challenge runs from May 1, 2023 until May 26, 2023 .



Read 10 articles and complete the activity questions. If you earn a 75% or higher on your **FIRST TRY**, Record the information on [this sheet](#) and color in the corresponding part of the [beach picture](#). Students that complete this challenge by May 26, 2023 will be invited to participate in the Ice Cream party on June 2nd during their PE class. ****Only articles completed in the time frame will count towards the challenge.**



The SSJHSA Fine Arts Fest at Chicago Heights Middle School this week was a success! Thank you to all of the art students who participated! Special thanks to Mrs. Johnson for sponsoring our art students at our conference festival!

Congratulations to the following:

1st Place: Diego Flores-Vasquez

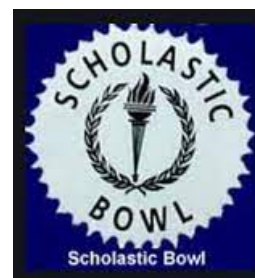
2nd Place: Aliza Melgar

3rd Place: Jalen Cobb

Honorable Mention: Diego Flores-Vasquez



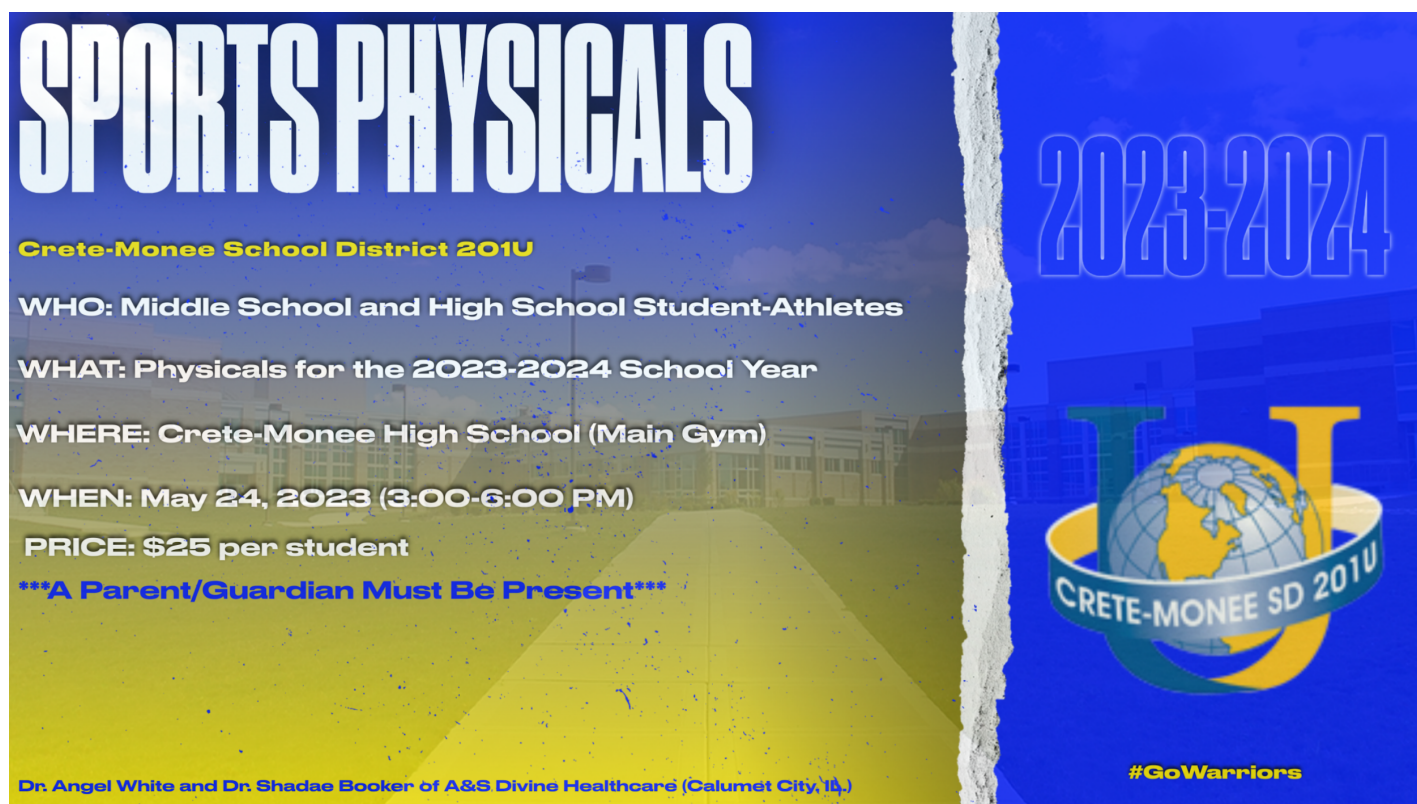
Congratulations to the CMMS Scholastic Bowl team! They took 2nd place at our regional competition at Walker in Tinley Park this week! They defeated Parker and Walker, and in the end, they lost to James Hart, who took first place. Special shout outs to the entire amazing team! Everyone contributed so much! Great job! Special thanks to Coach V. Heywood for leading the team this year!



8th Graders! 8th Grade Mandatory Parent Meeting
Tuesday, May 16, 2023 @ 6:00 p.m. CMMS Gym

8th Grade Festivities & End of the Year Information

Please read through the attached letter very carefully. There is a lot of information pertaining to 8th grade events and activities that will take place from February through June. This information will also be posted to our 8th Grade Google Classroom, Website and Family & Student Access. [8th Grade Letter English](#) [8th Grade Letter Spanish](#)



SPORTS PHYSICALS

Crete-Monee School District 201U

WHO: Middle School and High School Student-Athletes

WHAT: Physicals for the 2023-2024 School Year

WHERE: Crete-Monee High School (Main Gym)

WHEN: May 24, 2023 (3:00-6:00 PM)

PRICE: \$25 per student

****A Parent/Guardian Must Be Present****

Dr. Angel White and Dr. Shadae Booker of A&S Divine Healthcare (Calumet City, IL)

2023-2024

CRETE-MONEE SD 201U

#GoWarriors

Announcements: [CMMS Electronic Announcement Board](#)

MARK YOUR CALENDARS!

Monday, May 1, 2023 & Tuesday, May 2, 2023

- **SPRING NWEA MAP testing for all 6th, 7th & 8th Grade Students**

Monday, May 8, 2023-Friday, May 12, 2023

- **Teacher and Staff Appreciation Week!**

Monday, May 15, 2023

- **11:30 a.m. Dismissal for Students**
- **School Improvement Day**



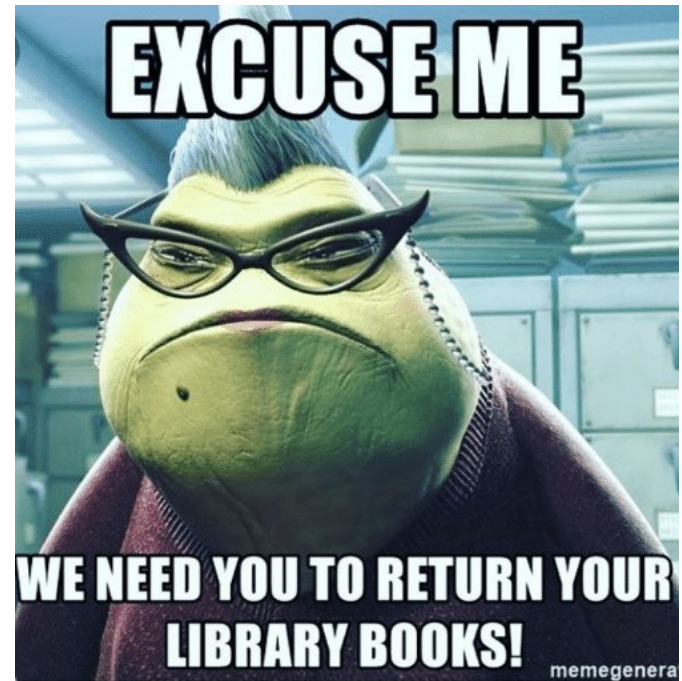
LAST WEEK!!

Go to www.cm201u.org to take care of your registration for next year!

Enrolling 'U' in Two

CM 201-U RETURNING STUDENT REGISTRATION

2 Weeks Only! April 24 - May 7, 2023



AtL:Overcoming Distractions

Being balanced means being able to cope with demands on us from all parts of our lives- social, physical, academic, etc. Distractions can prevent us from being able to successfully balance all of our responsibilities. Students will complete a lesson in advisory to be mindful about what distracts them and discuss some strategies to prevent distractions from interfering with their success.



Janet and Andy Gatto of Gatto Family Farm graciously hosted the CMMS Garden Club at Windmill Acres in Beecher, IL this week. The students were taught about different types of soil and how the fields are prepared for planting. They learned how different types of vegetable seeds are planted and were even afforded the opportunity to plant kale out in the field. The students then went into the greenhouses to learn about succulents and the difference between annual and perennial flowers. Each student was able to pick out 4 flowers to plant and take home. Stevia plants are available at Windmill Acres and the students had the opportunity to taste the plant to understand the natural flavoring that is used in many foods, and drinks. Finally, it has to be noted the students all fell in love with the barn cat on the property and CMMS almost had a new mascot. The entire day was a wonderful learning experience & the students are excited & ready to get planting out in the CMMS courtyard Garden of Dreams. BIG thank you to The Gatto's and Windmill Acres for hosting and educating our CMMS students. Extra special thanks to Ms. Casiello and Ms. Gallardo for facilitating this trip and for sponsoring our Garden Club all year.



Garden Club Members who attended:

Anglin, Antione	Barclay, Audrey	Barclay, Lenny	Daniels, Alyssa	Doss, Shiann
Goldstein, Shane	Lawrence, Madison	Perez, Oliver (Rosalinda)	Rattunde, Trinity	Sanchez, Jordyn



Student Athlete Spotlight

Khloe Henderson- 6th Grade
Girls' Track & Field

What is your favorite class? Who is your favorite teacher?

Language & Literature- Ms. Reutter

What is your favorite food?

Mexican Tacos

What is your favorite hobby?

Running Track



#CMMSATHLETICS&ACTIVITIES



Student Athlete Spotlight

Prince Reese- 6th Grade
Boys' Track & Field

What is your favorite class? Who is your favorite teacher?

Individuals & Societies and Ms. Jenkins

What is your favorite food?

Shrimp & Steak Tacos

What is your favorite hobby?

Watching South Parkland, running, and basketball



#CMMSATHLETICS&ACTIVITIES

Student Athlete Spotlight

Briana Pettis-8th Grade
Girls' Track & Field

Who is your favorite teacher?

Mrs. Papas (Individuals & Societies)

What is your favorite food?

Chicken and Rice

What is your favorite hobby?

Listen to Drake and run



#CMMSATHLETICS&ACTIVITIES

Student Athlete Spotlight

Anthony Perozzi- 7th Grade
Boys' Track & Field

What is your favorite class? Who is your favorite teacher?

Individuals & Societies and Mr. Vallow

What is your favorite food?

Pasta

What is your favorite hobby?

Running



#CMMSATHLETICS&ACTIVITIES

Student Athlete Spotlight

A'Laura King- 7th Grade
Girls' Track & Field

What is your favorite class?

Math and Science

What is your favorite food?

Nachos

What is your favorite hobby?

Basketball



#CMMSATHLETICS&ACTIVITIES

Student Athlete Spotlight

Tymel Lofton- 8th Grade
Boys' Track & Field

What is your favorite class?

Science

What is your favorite food?

Chinese Buffet

What is your favorite hobby?

Video Games



#CMMSATHLETICS&ACTIVITIES



Warm Weather Is Coming Soon!!!

With springtime comes warmer weather and with warmer weather it's time to get outside!! Although it's fun to stay inside and FaceTime with friends, play video games, and watch YouTube, there are so many benefits to going outdoors. Time in the fresh air is great for our physical well being. Studies show that being in nature helps to reduce our stress & cortisol levels, muscle tension, and heart rate - all of which are risk factors for heart disease. Being outside not only improves our physical health, but our mental health as well. Time spent outdoors has been shown to strengthen our mental capacities - which increases focus and attention. Being in nature also has the capability to lower depression. Many of us love social connection with others and being outside often brings people together for fun activities. The outdoors is even a more appealing place to exercise and relax. Take some time to get outside! Go to the park, take a walk, have a BBQ, etc. Your body and mind will thank you for it!

6 Spring Activities to Try This Season

By Jessica Sanders, Active.com



Go Camping

A natural light-dark cycle helps reset your circadian rhythms.



Build a Birdhouse

Habitat loss is the #1 threat to birds. Make a home for your backyard visitors.



Take a Bike Ride

This spring activity is a cardio workout for you and a fun activity for kids.



Go Fishing

Baiting, casting, and reeling improves dexterity in children and adults.



Plant a Garden

Reap the benefits of horticultural therapy—less anxiety and better sleep.



Take a Hike

Spending time in wooded areas lowers blood pressure and cortisol levels.

Register for family-friendly spring events at [Active.com](https://www.active.com)



CRETE-MONEE MIDDLE SCHOOL CELEBRATES TEACHER & STAFF APPRECIATION WEEK WITH:

SPIRIT WEEK

MAY 8th-15th

EVERYONE IS WELCOME TO
PARTICIPATE BY WEARING
CLOTHING TO MATCH
EACH DAY'S THEME!

MONDAY
TROPICAL
MAY 8 *Day*

TUESDAY
80'S MOVIE
MAY 9 *Day*

WEDNESDAY
SUPERHERO
MAY 10 *Day*

THURSDAY
**RED, WHITE OR
BLACK** *Day*
MAY 11

FRIDAY
CAMOUFLAGE
MAY 12 *Day*

MONDAY
TEAM SPIRIT *Day*
6th **BLUE**
7th **WHITE**
8th **BLACK**
Specialists **GOLD** MAY 15

ATTENTION PARENTS OF PRESCHOOLERS IN CRETE-MONEE DISTRICT 20I-U

Crete-Monee Early Learning Center is holding online ASQ & ASQ: SE screenings.

Children 3-5 years old may participate in the screening.



A developmental screening can let you know if your child is on track. The Ages & Stages Questionnaire (ASQ-3) is a quick and easy screening that helps you learn more about your child's development.

Please fill out the screening request form available on the school website elc.cm20lu.org

or call the Crete-Monee Early Learning Center at 708-367-2770 for more information



*Screenings are also available for children under the age of three. We will provide screenings and direct them to Early Intervention if needed.

ATENCIÓN PADRES DE ALUMNOS DE PREESCOLAR DEL DISTRITO 20I-U

El *Early Learning Center* de Crete-Monee está llevando a cabo evaluaciones en línea de ASQ y ASQ: SE.

Los niños de 3 a 5 años pueden participar en esta evaluación.



Una evaluación del desarrollo puede indicarle si su hijo está en el buen camino. El Cuestionario de Edades y Etapas (ASQ-3) es rápido y sencillo que le ayuda a saber más sobre el desarrollo de su hijo.

Por favor, rellene el formulario de solicitud de evaluación disponible en el sitio web de la escuela elc.cm20lu.org

o llame al *Early Learning Center* de Crete-Monee al 708-367-2770 para más información.



*Los exámenes también están disponibles para los niños menores de tres años. Proporcionaremos evaluaciones y los dirigiremos a la Intervención Temprana si es necesario.

Shoe Drive Raffle!

Each advisory that donates 25 pairs of used/gently worn shoes will be entered into a raffle for a treat and open-gym.

Keep the shoes in your advisory classroom until you've reached the 25 pair total. Once you've got a container of 25 shoes, let Ms. Urbanczyk know for pick-up, or bring the container to Room 119.

Can your advisory donate more than 25 pairs of shoes? Yes! You will be entered into the raffle for EVERY bag of 25 shoes donated.

What if we don't get to 25 pairs? That's okay! At the end of the shoe drive, NJHS will be around to collect any shoes that are donated.
Every pair helps!

What if I have shoes to donate but am not tied to an advisory? Please bring your shoes to Room 119.

Shoes of ALL STYLES AND SIZES are accepted.



Help us raise funds just by donating gently worn, used and new shoes! Be sure to ask, friends, family, neighbors and co-workers to donate too!

CMMS National Junior Honor Society
GROUP NAME

Collected shoes not only help support us, but they will be reused and given a second life by those in need through #microenterprise. It's a WIN-WIN!

CMMS: Front office, Rooms 119 & 213
DROP-OFF LOCATION

BOOK IT! ENROLL TODAY!

CAMP BOOK IT!

SUMMER READING

June–August • PreK–6 • Ages 4–12

Hey Parents!

Help beat the summer slide and enroll your children in Camp BOOK IT! Students earn one Personal Pan Pizza® a month for June through August for meeting reading goals. This program is totally free to families with students in PreK - 6th grade (ages 4 -12).

Enroll now at bookitprogram.com to join in on the fun!

SCAN THE QR CODE TO ENROLL

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2ND ANNUAL CRETE-MONEE BAND BOOSTERS MATTRESS FUNDRAISER

BIG SAVINGS FINANCING AVAILABLE

Beautyrest.

- Adjustable Base
- Luxury Pillows
- Mattress Protector

SUN. MAY 21

11AM-6PM

@CRETE-MONEE FIELDHOUSE

BENEFITS THE CRETE-MONEE BAND BOOSTERS

SAVE THE DATE!

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chris.paulk@cfsbeds.com

For more info: Scan QR code for Facebook page #beds4crete-monee