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November 20, 2018

Dear Parents and Guardians,

This school year, the Crete-Monee Middle School curriculum will include a state mandated, youth mental health awareness and suicide prevention education program, as required in response to Ann Marie's Law. Ann Marie's Law requires that Illinois public schools implement a youth suicide awareness and prevention program that teaches children in grades 6th through 12th grade age-appropriate techniques to identify the warning signs of suicidal behavior in adolescents along with the appropriate steps to take to seek help.

Crete-Monee Middle School will be partnering with the National Alliance on Mental Illness to provide *End the Silence* grade level presentations in our middle school. The presentations include facts and statistics, symptoms of a mental health condition, warning signs of suicidal ideation, how to get help for themselves or a friend, and identifying a "Trusted Adult."

If you do not want your child to participate in the Ann Marie's Law presentations, please submit the opt-out form that is on the other side of this letter by Monday, December 3, 2018. Presentations at Crete-Monee Middle School will occur on **Wednesday**, **December 5**, **2018**. If you have any questions or concerns, please contact our school at 708-367-2400.

Sincerely,

Kokona Chrisos

Principal

Kokona Chrisos Principal

Crete-Monee Middle School

635 Olmsted Road University Park, Illinois 60484

> 708-367-2400 ph 708-672-2777 fx www.cm201u.org/cmms



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## Ann Marie's Law Student Program Opt-Out: 2018-2019

Dear Parent or Guardian:

Crete-Monee School District's top priority is the safety and development of our students. One important aspect of keeping our children safe is youth mental health awareness and suicide prevention in accordance with state law. The State of Illinois mandates that schools provide an age-appropriate suicide awareness and prevention program. Crete-Monee Middle School will be working with the National Alliance on Mental Illness to provide *End the Silence* grade level presentations in our middle school.

The presentations at Crete-Monee Middle School will take place on Wednesday, December 5, 2018.

Please sign this form **ONLY** if you **DO NOT** want your child to participate in this program. Return the signed form to your child's advisory teacher by **Monday**, **December 3, 2018.** 

Thank you!

Kokona Chrisos Principal

I do not want my child named above to participate in the youth mental health awareness and suicide prevention program that will be conducted by Crete-Monee Middle School and the National Alliance on Mental Illness.

Child's Name:
Child's Grade:Child's Advisory Teacher:
Parent/Guardian Name:
Parent/Guardian Signature:
Parent Phone Number:

Kokona Chrisos Principal

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